



RH

February 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13 First day forms due pick up or late bus 5pm	14	15 FEB BREAK NO PRACTICE
16	17	18	19	20 NO PRACTICE	21	22 FEB BREAK NO PRACTICE
23	24	25	26	27 Afterschool empowerment/fitness pick up or late bus 5pm	28	29 NO PRACTICE

More Calendars from WinCalendar: [Mar 2020](#), [Apr 2020](#), [May 2020](#)

IF you can not make it to a practice- please TEXT Natalie- 631.764.5702 or Jill 631-702-0017 or Alyssa516.426.9740
www.itrigirls.org



RH

March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Afterschool empowerment/fitness pick up or late bus 5pm	6	7 I-TRI KICK OFF RETREAT WILLIAM PACA MIDDLE SCHOOL 1-4
8	9	10	11	12 Afterschool empowerment/fitness pick up or late bus 5pm	13	14 Suffolk Community College- Riverhead 2-4
15	16	17	18	19 Afterschool empowerment/fitness pick up or late bus 5pm	20	21 Suffolk Community College- Riverhead 2-4
22	23	24	25	26 Afterschool empowerment/fitness pick up or late bus 5pm	27	28 Suffolk Community College- Riverhead 2-4
29	30	31				

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◀ Mar 2020		April 2020					May 2020 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2 Afterschool empowerment/fitness pick up or late bus 5pm	3	4 Suffolk Community College- Riverhead 2-4	
5	6	7	8	9 NO PRACTICE	10	11 NO PRACTICE	
12 EASTER DAY	13	14	15	16 Afterschool empowerment/fitness pick up or late bus 5pm	17	18 MENTORING DAY EHMS 1-4 BUS TIME TBD	
19	20	21	22	23 Afterschool empowerment/fitness pick up or late bus 5pm	24	25 Suffolk Community College- Riverhead 2-4	
26	27	28	29	30 Afterschool empowerment/fitness pick up or late bus 5pm			

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May 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Suffolk Community College- Riverhead 2-4
3	4	5	6	7 Afterschool empowerment/fitness + Family Nutrition Night 5:30	8	9 Suffolk Community College- Riverhead 2-4
10	11	12	13	14 Afterschool empowerment/fitness pick up or late bus 5pm	15	16 Suffolk Community College- Riverhead 2-4
17	18	19	20	21 Afterschool empowerment/fitness pick up or late bus 5pm	22	23 Suffolk Community College- Riverhead 2-4
24	25	26	27	28 Afterschool empowerment/fitness pick up or late bus 5pm	29	30 SWIM-A-THON

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June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Afterschool empowerment/fitness pick up or late bus 5pm	5	6 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 1:15-2
7	8	9	10	11 Afterschool empowerment/fitness pick up or late bus 5pm	12	13 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 1:15-2
14	15	16	17	18 NO PRACTICE	19	20 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 1:15-2
21	22	23	24	25 LAST DAY OF SCHOOL NO PRACTICE	26 NO PRACTICE	27 NO PRACTICE
28	29 LONG BEACH SAG HARBOR 10-12 bus leaves RHMS 8:45AM	30 LONG BEACH SAG HARBOR 10-12 bus leaves RHMS 8:45AM				

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RH

◀ Jun 2020		July 2020					Aug 2020 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 LONG BEACH SAG HARBOR 10-12 bus leaves RHMS 8:45AM	2 LONG BEACH SAG HARBOR 10-12 bus leaves RHMS 8:45AM	3 NO PRACTICE	4 NO PRACTICE	
5	6 LONG BEACH SAG HARBOR 10-12 bus leaves RHMS 8:45AM	7 LONG BEACH SAG HARBOR 10-12 bus leaves RHMS 8:45AM	8 Race run through 9-11 bus leaves RHMS 7:45am POST PARTY AT PIERSON HS TIME TBD	9 FUN DAY 9-11 bus leaves RHMS 7:45am	10 NO PRACTICE	11 RACE DAY Girls arrive 6:30am Race 7:30-10am	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

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