



TUC

February 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13 First day forms due Lunch/Recess NO AFTER SCHOOL	14	15 FEB BREAK NO PRACTICE
16	17	18	19	20 NO PRACTICE	21	22 FEB BREAK NO PRACTICE
23	24	25	26	27 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	28	29 KICK OFF REATREAT PIERSON HS 1-4

More Calendars from WinCalendar: [Mar 2020](#), [Apr 2020](#), [May 2020](#)

IF you can not make it to a practice- please TEXT Natalie- 631.764.5702 or Jill 631-702-0017 or Alyssa516.426.9740
www.itrigirls.org



TUC

March 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	6	7 SWIM EVALS EAST HAMPTON YMCA 2:30-4
8	9	10	11	12 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	13	14 YMCA 1-2:30
15	16	17	18	19 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	20	21 YMCA 1-2:30
22	23	24	25	26 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	27	28 YMCA 1-2:30
29	30	31				

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◀ Mar 2020							April 2020		May 2020 ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
			1	2 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	3	4 YMCA 1-2:30				
5	6	7	8	9 NO PRACTICE	10	11 NO PRACTICE				
12 EASTER DAY	13	14	15	16 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	17	18 MENTORING DAY EHMS 1-4				
19	20	21	22	23 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	24	25 YMCA 1-2:30				
26	27	28	29	30 Empowerment/Fitness after school at SIS Pick up 5pm at SIS						

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May 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 YMCA 1-2:30
3	4	5	6	7 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	8	9 YMCA 1-2:30
10	11	12	13	14 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	15	16 YMCA 1-2:30
17	18	19	20	21 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	22	23 YMCA 1-2:30
24	25	26	27	28 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	29	30 SWIM-A-THON
31						

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TUC

June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	5	6 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 1:15-2
7	8	9	10	11 Empowerment/Fitness after school at SIS Pick up 5pm at SIS	12	13 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 1:15-2
14	15	16	17	18 NO PRACTICE	19	20 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 1:15-2
21	22	23	24	25 LAST DAY OF SCHOOL	26 NO PRACTICE	27 NO PRACTICE
28	29 LONG BEACH SAG HARBOR 8-10 bus leaves SIS 7:10AM	30 LONG BEACH SAG HARBOR 8-10 bus leaves SIS 7:10AM				

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TUC

◀ Jun 2020 Aug 2020 ▶						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 LONG BEACH SAG HARBOR 8-10 bus leaves SIS 7:10AM	2 LONG BEACH SAG HARBOR 8-10 bus leaves SIS 7:10AM	3 NO PRACTICE	4 NO PRACTICE
5	6 LONG BEACH SAG HARBOR 8-10 bus leaves SIS 7:10AM	7 LONG BEACH SAG HARBOR 8-10 bus leaves SIS 7:10AM	8 Race run through 9-11 bus leaves SIS 8:10AM POST PARTY AT PIERSON HS TIME TBD	9 FUN DAY 9-11 bus leaves SIS 8:10AM	10 NO PRACTICE	11 RACE DAY Girls arrive 6:30am Race 7:30-10am
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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