



PACA

February 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12 First day forms due pick up or late bus 4pm	13	14	15 FEB BREAK NO PRACTICE
16	17	18	19 NO PRACTICE	20	21	22 FEB BREAK NO PRACTICE
23	24	25	26 Afterschool empowerment/fitness pick up or late bus 5:20	27	28	29 NO PRACTICE

More Calendars from WinCalendar: [Mar 2020](#), [Apr 2020](#), [May 2020](#)

**IF you can not make it to a practice- please TEXT Natalie- 631.764.5702 or Jill 631-702-0017 or Alyssa516.426.9740
www.itrigirls.org**



PACA

March 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Afterschool empowerment/fitness pick up or late bus 5:20	5	6	7 I-TRI KICK OFF RETREAT WILLIAM PACA MIDDLE SCHOOL 1-4
8	9	10	11 Afterschool empowerment/fitness pick up or late bus 5:20	12	13	14 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends
15	16	17	18 Afterschool empowerment/fitness pick up or late bus 5:20	19	20	21 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends
22	23	24	25 Afterschool empowerment/fitness pick up or late bus 5:20 ***state testing may affect this practice	26	27	28 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends
29	30	31				

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◀ Mar 2020							April 2020							May 2020 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
						1 Afterschool empowerment/fitness pick up or late bus 5:20**state testing may affect this practice		2		3		4 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends								
5		6		7		8 NO PRACTICE		9		10		11 NO PRACTICE								
12 EASTER DAY		13		14		15 Afterschool empowerment/fitness pick up or late bus 5:20		16		17		18 MENTORING DAY EHMS 1-4 BUS TIME TBD								
19		20		21		22 Afterschool empowerment/fitness pick up or late bus 5:20		23		24		25 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends								
26		27		28		29 Afterschool empowerment/fitness+ Pick up or late bus 5:20pm		30												

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PACA

May 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends
3				6 Afterschool empowerment/fitness pick up or late bus 5:20pm		9 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends
10				13 Afterschool empowerment/fitness + Family Nutrition Night 5:30		16 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends
17				20 Afterschool empowerment/fitness pick up or late bus 5:20pm		23 Suffolk Community College- Riverhead 1-3 bus leaves WF HS 12:25 and brings girls home after practice ends
24				27 Afterschool empowerment/fitness pick up or late bus 5:20pm		30 SWIM-A-THON

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PACA

June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Afterschool empowerment/fitness pick up or late bus 5:20pm	3	4	5	6 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 2-2:45 bus leaves WF HS 1:15 and brings girls home after practice ends
7	8	9 Afterschool empowerment/fitness pick up or late bus 5:20pm	10	11	12	13 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 2-2:45 bus leaves WF HS 1:15 and brings girls home after practice ends
14	15	16 NO PRACTICE	17	18	19	20 BIKING AT SUFFOLK COMMUNITY COLLEGE-RIVERHEAD 2-2:45 bus leaves WF HS 1:15 and brings girls home after practice ends
21	22	23 NO PRACTICE	24	25 LAST DAY OF SCHOOL	26 NO PRACTICE	27 NO PRACTICE
28	29 LONG BEACH SAG HARBOR 10-12 bus leaves William Floyd HS at 8:45am	30 LONG BEACH SAG HARBOR 10-12 bus leaves William Floyd HS at 8:45am				

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PACA

◀ Jun 2020		July 2020					Aug 2020 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 LONG BEACH SAG HARBOR 10-12 bus leaves William Floyd HS at 8:45am	2 LONG BEACH SAG HARBOR 10-12 bus leaves William Floyd HS at 8:45am	3 NO PRACTICE	4 NO PRACTICE	
5	6 LONG BEACH SAG HARBOR 10-12 bus leaves William Floyd HS at 8:45am	7 LONG BEACH SAG HARBOR 10-12 bus leaves William Floyd HS at 8:45am	8 Race run through 9-11 bus leaves WFHS 7:45am POST PARTY AT PIERSON HS TIME TBD	9 FUN DAY 9-11 bus leaves WFHS 7:45am	10 NO PRACTICE	11 RACE DAY Girls arrive 6:30am Race 7:30-10am	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

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