WHBMS

February 2023

◄ Jan 2023 | Mar 2023 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13 FORMS DUE/ Afterschool empowerment/fitness pick up or late bus 5:00pm	14	15	16	17	18 NO PRACTICE
19	20 NO PRACTICE	21	22	23	24	25 SWIM EVALS 1:30-2:30
26	27 Afterschool empowerment/fitness pick up or late bus 5:00pm	28				

March 2023

◄ Feb 2023 Apr 2023 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 KICK OFF RETREAT 10am-1pm Southampton HS
5	6 Afterschool empowerment/fitness pick up or late bus 5:00pm	7	8	9	10	11 SCC 12-2
12	13 Afterschool empowerment/fitness pick up or late bus 5:00pm	14	15	16	17	18 SCC 12-2
19	20 Afterschool empowerment/fitness pick up or late bus 5:00pm	21	22	23	24	25 SCC 12-2
26	27 Afterschool empowerment/fitness pick up or late bus 5:00pm	28	29	30	31	

WHBMS

April 2023

◄ Mar 2023 | May 2023 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 SCC 12-2
2	3 Afterschool empowerment/fitness Nutrition Workshop 5:30-7pm	4	5	6	7	8 NO PRACTICE
9	10 NO PRACTICE	11	12	13	14	15 SCC 12-2
16	17 Afterschool empowerment/fitness pick up or late bus 5:00pm	18	19	20	21	22 Mentoring Day 10am-1pm Southampton HS
23	24 Afterschool empowerment/fitness pick up or late bus 5:00pm	25	26	27	28	29 SCC 12-2
30						

WHBMS

May 2023

◄ Apr 2023 | Jun 2023 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Afterschool empowerment/fitness pick up or late bus 5:00pm	2	3	4	5	6 SCC 12-2
7	8 Afterschool empowerment/fitness pick up or late bus 5:00pm	9	10	11	12	13 SCC 12-2
14	15 Afterschool empowerment/fitness pick up or late bus 5:00pm	16	17	18	19	20 SCC 12-2
21	22 Afterschool empowerment/fitness pick up or late bus 5:00 pm	23	24	25	26	27 SCC 12-2
28	29 NO PRACTICE	30	31			

June 2023

◄ May 2023

Jul 2023 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 BIKING AT COOPERS BEACH 12:30-1:15
4	5 Afterschool empowerment/fitness pick up or late bus 5:00pm	6	7	8	9	10 BIKING AT COOPERS BEACH 12:30-1:15
11	12 Afterschool empowerment/fitness pick up or late bus 5:00pm	13	14	15	16	17 BIKING AT COOPERS BEACH 12:30-1:15
18	19 NO PRACTICE	20	21	22	23	24 NO PRACTICE
25	26 LONG BEACH SAG HARBOR 10-12 Jitney time 9am WHBMS	27 LONG BEACH SAG HARBOR 10-12 Jitney time 9am WHBMS	28 LONG BEACH SAG HARBOR 10-12 Jitney time 9am WHBMS	29 LONG BEACH SAG HARBOR 10-12 Jitney time 9am WHBMS	30 NO PRACTICE	

July 2023

◄ Jun 2023 Aug 2023 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 LONG BEACH SAG HARBOR 10-12 Jitney time 9am WHBMS	6 LONG BEACH SAG HARBOR 10-12 Jitney time 9am WHBMS	7	8 UNIFORM DAY
9	10 LONG BEACH SAG HARBOR 10-12 Jitney time 9am WHBMS	11 LONG BEACH SAG HARBOR 10-12 Jitney time 9am WHBMS	12 RUN THROUGH LONG BEACH SAG HARBOR 9-11 Jitney time 8am WHBMS	13 RUN THROUGH RAIN DATE	14	15 RACE DAY Arrive 6:30am Race 7:30-10am
16 RACE DAY RAIN DATE	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					