

February 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 Afterschool empowerment/fitness pick up 5pm	15	16	17 NO PRACTICE
18	19	20	21 NO PRACTICE	22	23	24 SWIM EVALS YMCA 2-3
25	26	27	28 Afterschool empowerment/fitness pick up 5pm	29		

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<span style="float: left;">◀ Feb 2024</span> <span style="font-size: 1.2em; font-weight: bold; margin: 0 auto;">March 2024</span> <span style="float: right;">Apr 2024 ▶</span>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 <b>KICK OFF Retreat Southampton High School 12-3</b>
3	4	5	6 Afterschool empowerment/fitness pick up 5pm	7	8	9 YMCA 1-3
10	11	12	13 Afterschool empowerment/fitness pick up 5pm	14	15	16 YMCA 1-3
17	18	19	20 Afterschool empowerment/fitness pick up 5pm	21	22	23 YMCA 1-3

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March 2024						
◀ Feb 2024						Apr 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
24	25	26	27 Afterschool empowerment/fitness pick up 5pm	28	29	30 YMCA 1-3
31						

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April 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Afterschool empowerment/fitness pick up 5pm	4	5	6 YMCA 1-3
7	8	9	10 Afterschool empowerment/fitness Nutrition 5:30-7:30	11	12	13 Mentoring day 12-3 Southampton High School
14	15	16	17 Afterschool empowerment/fitness pick up 5pm	18	19	20 YMCA 1-3
21	22	23	24 NO PRACTICE	25	26	27 YMCA 1-3
28	29	30				

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May 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Afterschool empowerment/fitness pick up 5pm	2	3	4 YMCA 1-3
5	6	7	8 Afterschool empowerment/fitness pick up 5pm	9	10	11 YMCA 1-3
12	13	14	15 Afterschool empowerment/fitness pick up 5pm	16	17	18 YMCA 1-3
19	20	21	22 Afterschool empowerment/fitness pick up 5pm	23	24	25 YMCA 1-3
26	27	28	29 Afterschool empowerment/fitness pick up 5pm	30	31	

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June 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 BIKING AT COOPERS BEACH 1:15-2:15
2	3	4	5 Afterschool empowerment/fitness pick up 5pm	6	7	8 BIKING AT COOPERS BEACH 1:15-2:15
9	10	11	12 Afterschool empowerment/fitness pick up 5pm	13	14	15 BIKING AT COOPERS BEACH 1:15-2:15
16	17	18	19	20	21	22
23	24	25	26	27 LONG BEACH SAG HARBOR 8- 10 bus leaves Springs at 7am	28 LONG BEACH SAG HARBOR 8- 10 bus leaves Springs at 7am	29

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June 2024						
◀ May 2024						Jul 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30						

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July 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> LONG BEACH SAG HARBOR 8-10 bus leaves Springs at 7am	<b>2</b> LONG BEACH SAG HARBOR 8-10 bus leaves Springs at 7am	<b>3</b> LONG BEACH SAG HARBOR 8-10 bus leaves Springs at 7am	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> LONG BEACH SAG HARBOR 8-10 bus leaves Springs at 7am	<b>9</b> LONG BEACH SAG HARBOR 8-10 bus leaves Springs at 7am	<b>10</b> RACE RUN THROUGH LONG BEACH SAG HARBOR 9-12 bus leaves Springs at 8am	<b>11</b> RAIN DATE LONG BEACH SAG HARBOR 9-12	<b>12</b>	<b>13</b> RACE DAY arrive 6:30am Race 7:30-10am
<b>14</b> RACE DAY RAIN DATE	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>

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July 2024						
◀ Jun 2024						Aug 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31			

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