

February 2024						
◀ Jan 2024						Mar 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12 Afterschool empowerment/fitness pick up or late bus 5:00pm	13	14	15	16	17 NO PRACTICE
18	19 NO PRACTICE	20	21	22	23	24 SWIM EVALS SCC 12:30-2
25	26 Afterschool empowerment/fitness pick up or late bus 5:00pm	27	28	29		

This calendar is to give you a general idea of our 2024 season. Practice times are subject to chance. Please use the i-tri APP for the most up-to-date information.

March 2024						
◀ Feb 2024						Apr 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 KICK OFF Retreat Southampton High School 12-3
3	4 Afterschool empowerment/fitness pick up or late bus 5:00pm	5	6	7	8	9 SCC 12-2
10	11 Afterschool empowerment/fitness pick up or late bus 5:00pm	12	13	14	15	16 SCC 12-2
17	18 Afterschool empowerment/fitness pick up or late bus 5:00pm	19	20	21	22	23 SCC 12-2
24	25 Afterschool empowerment/fitness Nutriton 5:30-7:30pm	26	27	28	29	30 SCC 12-2
31						

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April 2024						
◀ Mar 2024						May 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NO PRACTICE	2	3	4	5	6 SCC 12-2
7	8 Afterschool empowerment/fitness pick up or late bus 5:00pm	9	10	11	12	13 Mentoring day 12-3 Southampton High School
14	15 Afterschool empowerment/fitness pick up or late bus 5:00pm	16	17	18	19	20 SCC 12-2
21	22 NO PRACTICE	23	24	25	26	27 SCC 12-2
28	29 Afterschool empowerment/fitness pick up or late bus 5:00pm	30				

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◀ Apr 2024							May 2024							Jun 2024 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
						1		2		3		4 SCC 12-2								
5		6 Afterschool empowerment/fitness pick up or late bus 5:00pm		7		8		9		10		11 SCC 12-2								
12		13 Afterschool empowerment/fitness pick up or late bus 5:00pm		14		15		16		17		18 SCC 12-2								
19		20 Afterschool empowerment/fitness pick up or late bus 5:00pm		21		22		23		24		25 SCC 12-2								
26		27 NO PRACTICE		28		29		30		31										

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June 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 BIKING AT COOPERS BEACH 1:15-2:15
2	3 Afterschool empowerment/fitness pick up or late bus 5:00pm	4	5	6	7	8 BIKING AT COOPERS BEACH 1:15-2:15
9	10 Afterschool empowerment/fitness pick up or late bus 5:00pm	11	12	13	14	15 BIKING AT COOPERS BEACH 1:15-2:15
16	17 NO PRACTICE	18	19	20	21	22
23	24 NO PRACTICE	25	26	27 LONG BEACH 10-12 pm Jitney time 8:45 at WHBMS	28 LONG BEACH 10-12 pm Jitney time 8:45 at WHBMS	29
30						

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July 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 LONG BEACH 10-12 pm Jitney time 8:45 at WHBMS	2 LONG BEACH 10-12 pm Jitney time 8:45 at WHBMS	3 LONG BEACH 10-12 pm Jitney time 8:45 at WHBMS	4	5	6 UNIFORM DAY
7	8 LONG BEACH 10-12 pm Jitney time 8:45 at WHBMS	9 LONG BEACH 10-12 pm Jitney time 8:45 at WHBMS	10 RUN THROUGH LONG BEACH SAG HARBOR 9-11 Jitney time 8am WHBMS	11 LONG BEACH RAIN DATE 9-11 Jitney time 8am WHBMS	12	13 RACE DAY Arrive 6:30am Race 7:30- 10am
14	15	16	17	18	19	20
21	22	23	24	25	26	27

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