

February 2024						
◀ Jan 2024						Mar 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15 Afterschool empowerment/fitness pick up 4:30pm	16	17 NO PRACTICE
18	19	20	21	22 NO PRACTICE	23	24 SWIM EVALS SCC 12:30-1:30
25	26	27	28	29 Afterschool empowerment/fitness pick up 4:30pm		

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March 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 <b>KICK OFF Retreat Southampton High School 12-3</b>
3	4	5	6	7 Afterschool empowerment/fitness pick up 4:30pm	8	9 SCC 12-2
10	11	12	13	14 Afterschool empowerment/fitness pick up 4:30pm	15	16 SCC 12-2
17	18	19	20	21 Afterschool empowerment/fitness pick up 4:30pm	22	23 SCC 12-2
24	25	26	27	28 No practice	29	30 SCC 12-2
31						

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<span style="float: left;">◀ Mar 2024</span> <span style="font-size: 1.2em; font-weight: bold; text-align: center;">April 2024</span> <span style="float: right;">May 2024 ▶</span>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Afterschool empowerment/fitness pick up 4:30pm	5	6 SCC 12-2
7	8	9	10	11 Afterschool empowerment/fitness Nutrition 5-7pm	12	13 Mentoring day 12-3 Southampton High School
14	15	16	17	18 Afterschool empowerment/fitness pick up 4:30pm	19	20 SCC 12-2
21	22	23	24	25 No practice	26	27 SCC 12-2
28	29	30				

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◀ Apr 2024							May 2024							Jun 2024 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
						1		2	Afterschool empowerment/fitness pick up 4:30pm		3		4	SCC 12-2						
5		6		7		8		9	Afterschool empowerment/fitness pick up 4:30pm		10		11	SCC 12-2						
12		13		14		15		16	Afterschool empowerment/fitness pick up 4:30pm		17		18	SCC 12-2						
19		20		21		22		23	Afterschool empowerment/fitness pick up 4:30pm		24		25	SCC 12-2						
26		27		28		29		30	Afterschool empowerment/fitness pick up 4:30pm		31									

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June 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 BIKING AT COOPERS BEACH 12:00-1:00
2	3	4	5	6 Afterschool empowerment/fitness pick up 4:30pm	7	8 BIKING AT COOPERS BEACH 12:00-1:00
9	10	11	12	13 Afterschool empowerment/fitness pick up 4:30pm	14	15 BIKING AT COOPERS BEACH 12:00-1:00
16	17	18	19	20 NO PRACTICE	21	22 NO PRACTICE
23	24	25	26	27 Afterschool empowerment/fitness pick up 4:30pm	28 LONG BEACH 10-12 pm Jitney time 7:45 RHMS	29
30						

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July 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>LONG BEACH</b> 8-10am Jitney time 6:30 HBMS	<b>2</b> <b>LONG BEACH</b> 8-10am Jitney time 6:30 HBMS	<b>3</b> <b>LONG BEACH</b> 8-10am Jitney time 6:30 HBMS	<b>4</b>	<b>5</b>	<b>6 UNIFORM DAY</b>
<b>7</b>	<b>8</b> <b>LONG BEACH</b> 8-10am Jitney time 6:30 HBMS	<b>9</b> <b>LONG BEACH</b> 8-10am Jitney time 6:30 HBMS	<b>10</b> <b>RACE RUN</b> <b>THROUGH</b> <b>LONG BEACH 9-</b> <b>12 pm Jitney</b> time 7 am HBMS	<b>11</b> <b>RAIN DATE</b> <b>LONG BEACH 9-</b> <b>12 Jitney time 7</b> am HBMS	<b>12</b>	<b>13</b> <b>RACE DAY</b> arrive 6:30am Race 7:30-10am
<b>14 RACE RAIN</b> <b>DATE</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			

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